

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Rise Park

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Pizza Party Monday

Around the world Tuesday

Carvery Wednesday

Tuck In Thursday

Feast on Friday

Main

BBQ chicken pizza served with potato wedges & beans or crispy fresh salad

Salt & pepper chicken with rice, flatbread & seasonal vegetables

Pork sausage with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Mince beef pie with mashed potatoes & seasonal vegetables

BBQ chicken served with chips, seasonal vegetables or crispy fresh salad

Vegetarian

Cheese & tomato pizza served with Potato wedges & beans or crispy fresh salad

Vegetable samosas pie with flatbread, mint yogurt & mango chutney & seasonal medley

Veggie Sausage with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Macaroni cheese with baguette slice & seasonal vegetables

BBQ quorn served with chips, seasonal vegetables or crispy fresh salad

Something Different

Jacket potato with cheese & beans served with a crispy fresh salad

Tomato & basil pasta, baguette slice & crispy fresh salad

Chicken mayo & sweetcorn wrap with crispy fresh salad

Jacket potato with Cheese served with crispy fresh salad

½ Cheese & tomato panini with chips & crispy fresh salad

Yummy Dessert

Fruit or
Fresh Fruit Salad

Marble cake & custard or
Fresh Fruit Salad

Oaty Cookie with milk or
Fresh Fruit Salad

Lemon shortcake slice or
Fresh Fruit Salad

Chocolate muffin with milk or
Fresh Fruit Salad

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Pizza Party Monday

Around the world Tuesday

Carvery Wednesday

Tuck In Thursday

Feast on Friday

Main

Ham & cheese pizza served with potato wedges, sweetcorn or crispy fresh salad

Chicken kebab with rice & flatbread served with seasonal vegetables or crispy fresh salad

Roast chicken with gravy served with roast potatoes, seasonal vegetables & yorkshire pudding

Homemade sausage roll with mashed potato & seasonal vegetables

Beef spaghetti bolognese served with baguette slice, seasonal vegetables or fresh salad

Vegetarian

Cheesy margarita pizza Served with potato wedges sweetcorn or crispy fresh salad

Quorn fajitas wrap with rice & seasonal vegetables or crispy fresh salad

Quorn roast with gravy served with roast potatoes, seasonal vegetables & yorkshire pudding

Pizza pasta with baguette slice & seasonal vegetables or crispy fresh salad

Veggie spaghetti bolognese served with baguette slice, seasonal vegetables or fresh salad

Something Different

Tomato & basil pasta with baguette slice & seasonal vegetables or crispy fresh salad

Jacket potato with cheese served with crispy fresh salad

Jacket potato with cheese & beans served with a crispy fresh salad

Ham roll with crispy fresh salad

Cheese & tomato panini served with crispy fresh salad

Yummy Dessert

Flapjack & raisins or
Fresh Fruit Salad

Fruit or
Fresh Fruit Salad

Shortbread cookie & milk or
Fresh Fruit Salad

Vanilla sponge with sprinkles or
Fresh Fruit Salad

Strawberry or vanilla Ice cream & fruit or
Fresh Fruit Salad





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Main

Pizza Party Monday

Ham & cheese pizza served with chips & crunchy carrot Sticks or crispy fresh salad

Around the world Tuesday

Chicken punjabi curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Carvery Wednesday

Roast chicken with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Tuck in Thursday

Pork hot dog served with potato wedges/diced potatoes & sweetcorn

Feast on Friday

Mince beef pasta bake, baguette slice & crispy fresh salad



Vegetarian

Cheesy margherita pizza served with chips & crunchy carrot sticks or crispy fresh salad

Quorn punjabi curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Vegan roast with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Veggie hot dog with potato wedges/diced potatoes & sweetcorn

Tomato & basil pasta, baguette slice & crispy fresh salad



Something Different

Jacket potato with cheese & beans and crispy fresh salad

Ham sandwich served with crispy fresh salad

Cheese panini served with crispy fresh salad

Cheese snack with potato wedges/diced Sweetcorn or crispy fresh salad

Jacket potato with cheese and crispy fresh salad

Yummy Dessert

Jelly & fruit
or
Fresh Fruit Salad

Fruit
or
Fresh Fruit Salad

Cornflake Tart
or
Fresh Fruit Salad

Melting moments
biscuit & Milk or
Fresh Fruit Salad

Chocolate brownie
or
Fresh Fruit Salad

