

NEWSLETTER OCTOBER 2026



NEWS FROM THE OFFICE...

Dear parents and carers,
Firstly I would like to say a huge thank you to you all, not only for your donations but also buying the lovely cakes for Macmillan Coffee morning that took place on Friday. Your generosity is greatly appreciated. You will be receiving today the link to enable you to set up your parent evening

appointment which will take place on Wednesday the 14th October. This will enable you to meet your child's class teacher and for your class teacher to talk to you about how your child has settled in. You will also receive information in this newsletter regarding our annual Harvest Festival which will take place on Friday 16th October. The food donated by you will

be distributed to the food bank.

As always I look forward to working in partnership with you this term

Kind regards

Mrs N Kelly

Special points of interest:

- News from the office
- Mobile Phone Policy
- Achieve Well Award
- Mcmillan Coffee morning and Future Events
- Harvest Festival
- Allergies
- Dates for your Diary
- Attendance
- Reception Open Day
- Online Safety

Mobile Phone Policy

As part of new government guidelines to schools I am sharing with you our mobile phone policy. This is primarily only for parents/carers in Y5 and 6. It states that if you would like your child to bring a mobile phone into school then a request will need to be made to myself initially. If that request is granted then the procedures are as follows,

1. your child will ensure the phone is switched off before entering the school and handed into the school office.
2. The school will ensure it is kept locked for the rest of the day.
3. Your child will then be able to pick it up at the end of the school day.

A copy of the schools Mobile Phone Policy can be found here [Policies - Rise Park Primary and Nursery](#)

ACHIEVE WELL AWARD

We are delighted to share that we have successfully achieved the 'AchieveWell' Award, recognising our commitment to supporting the health, happiness and wellbeing of everyone in our school community. This is a fantastic achievement and reflects the work taking place across our school to ensure that our RiseParkers feel safe, valued, supported and ready to learn. Achieving this accreditation

demonstrates that wellbeing is at the heart of school life and that we are continually developing positive approaches to physical and emotional health. We are incredibly proud of this recognition and would like to thank our pupils, staff, parents and wider school community for the important part they have all played in helping us achieve it.

MACMILLAN AND FUTURE EVENTS...

Macmillan Coffee Morning

What a fantastic turn out we had for our Macmillan coffee morning! We are overwhelmed by the generosity of our community. Together, we managed to raise a whopping £535.50 that will all go to this fantastic charity. The number of cakes that were donated was absolutely fantastic and thank you all so much for including allergy lists for the homemade goods, we really appreciate it. We had so many donations of cakes that we will be selling them again after school on Monday 28th September from 3pm which will make the total raised even higher.

Toddler stay and play

Our toddler stay and play sessions are back by popular demand! We will hold our first session on Thursday 8th October 2-3pm. The sessions are aimed at children under 5 and there will be plenty of activities for you and your children to get involved with. The session is open to the wider community so please feel

free to bring friends and family along that do not attend our school. We look forward to seeing you there!

Half termly coffee morning

We hold different coffee mornings throughout the year focussed on different areas. The half termly coffee morning is held once every half term. This is a great opportunity for you to meet new parents, find out what events we have in school and for you to discuss what events you would like to see in school. There are hot and cold refreshments available and babies and toddlers are welcome to attend. There will be a few toys to keep them entertained.

Help and support

If you require help and support in areas such as challenging behaviour, sleep, housing, toileting your child or any other area, please do not hesitate to contact me at admin@risepark.nottingham.sch.uk or on

HARVEST FESTIVAL

This year our Harvest festival will be held on Friday 16 October. During this time, we will be organising a collection for the local Trussell Trust food bank who support families in our area. We would love it if you could contribute an item of non-perishable food on Friday 16 October such as tins, pasta, rice etc. or sanitary items such as toothpaste, body wash etc. These can be given to your class teacher who will be collecting them in both halls. Children will have the chance to see the donations and the opportunity to share the work that they have done around Harvest during our assembly on this day. Thank you.

Allergies

I would like to make you aware of new guidance that came into school into school in September regarding allergies.

We are a fish, sesame seed. Pea and nut aware school. Please make sure your child's lunches do not include any of these items. Similarly, if you would like to bring birthdays treats for your child, please ensure they

are shop bought with an ingredient list attached.

Thank you for your co-operation.

DATES FOR YOUR DIARY....

12th October - Individual Photographs
 14th October - Parents Evening
 14th October - School Book Fair
 16th October - Flu Immunisations
 16th October - Harvest Festival
 16th October - Last Day of Term
 2nd November - INSET Day
 3rd November - School Re-opens
 8th November - Toddler Stay and Play 2.00pm

INSET Days

Monday 2nd November 2025

Monday 7th June 2026

Friday 2nd July 2026



MOMENTS MATTER, ATTENDANCE COUNTS.



Should my child go to school?

Guidance provided by the NHS

Headache, Earache and Stomach Ache?

Children with a headache, earache or stomach ache **can go to school**—just let staff know that they have felt unwell. Give paracetamol and plenty of fluid to drink. If a headache, earache or stomach ache persists....seek medical advice.

Coughs and Colds?

Children should be given paracetamol, plenty of fluids to drink and **can be sent to school**.

High Temperature?

Give paracetamol and plenty to drink. Once your child feels better they can come to school. If your child regularly has a high temperature or their temperature persists for more than 3 days ...seek medical attention.

Diarrhoea and Vomiting?

Children are to stay home with vomiting and diarrhoea. If your child suffers from diarrhoea and vomiting frequently then seek medical advice.

Toothache?

Children can come to school, just let staff know. Give paracetamol and get in touch with your child's dentist.

Children can also attend school if they have...

- ⇒ Sore throat
- ⇒ Cough
- ⇒ Runny nose
- ⇒ Cold sores

- ⇒ Conjunctivitis
- ⇒ Headlice
- ⇒ Threadworms

If in doubt call the school office who can advise you.

Small
Steps
Bright
Futures



Play
Explore
Discover
Together



Reception Open Day

Saturday 14th November
10am – 12pm

We would love to welcome parents/carers
and children to come and:



Meet our
Reception
staff



Explore
our
classrooms



Have
a coffee
(and a chat!)



Children
can play!

We can't wait to meet you!



A happy place to learn, play and belong ♥

RISE PARK ONLINE SAFETY

OCTOBER 2026

IS YOUR CHILD TALKING TO AN AI CHATBOT?

As AI (artificial intelligence) continues to develop at an incredible pace, we are seeing it integrated more and more deeply into existing services. Your child does not have to be logging onto ChatGPT to be using AI. For instance, platforms like Facebook, Instagram and WhatsApp have integrated 'Meta AI' into all of their products, meaning if they are on these apps - they may have unlimited access to AI chatbots designed for adults. While this may sound harmless, evidence suggests many children are turning to AI Chatbots for advice instead of trusted adults, leading them to receive unfiltered 'advice' from computer models - limiting their access to the support they need (UNICEF, 2026) Please consider talking to your children about how they use AI, and check the apps they use to be aware of where they may encounter it.



AGE RATINGS

All media, including video games, are given age ratings to help keep children safe - providing guidance on what content is or is not appropriate for their developmental stage. These age ratings even apply to downloads. Age ratings are provided either by PEGI (video games) or the BBFC (films, TV and some games). Many games are designed to be played by adults and include adult themes. Upcoming releases such as *Grand Theft Auto VI (GTA6)* are rated 18 with content include graphic depictions of violence, crime, swearing and sexualised content. Please carefully review the age ratings and content of games your children play.

PEGI have a useful app with information about all the games they classify, available in the Google Play Store and Apple App Store.

ROCK AND ROLL TIMES TABLES

Did you know that Rise Park Primary subscribes to **Times Tables Rock Stars (TTRS)**.

All children have a unique, safe login to practise their Times Tables in a game-like environment, earning points, coins and levelling-up. Children can even compete against classmates to see who can do the best in practise.

TTRS can be used at school and at home. All you need is your unique log on and a computer, laptop, tablet, or phone.

If you do not have your login details, just ask your child's class teacher who will be able to find them for you.



For more information and guidance on supporting your children online, please see these resources from the UK Safer Internet Centre:
<https://bit.ly/TECHSAFE>