

	Autumn 1 <b>Being Me in My World</b>	Autumn 2 <b>Celebrating Difference</b>	Spring 1 <b>Dreams and Goals</b>	Spring 2 <b>Healthy Me</b>	Summer 1 <b>Relationships</b>	Summer 2 <b>Changing Me</b>
EYFS	<ul style="list-style-type: none"> <li>Self-identity</li> <li>Understanding feelings</li> <li>Being in a classroom</li> <li>Being gentle</li> <li>Rights and responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>Identifying talents</li> <li>Being special</li> <li>Families</li> <li>Where we live</li> <li>Making friends</li> <li>Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>Challenges</li> <li>Perseverance</li> <li>Goal-setting</li> <li>Overcoming obstacles</li> <li>Seeking help</li> <li>Jobs</li> <li>Achieving goals</li> </ul>	<ul style="list-style-type: none"> <li>Exercising bodies</li> <li>Physical activity</li> <li>Healthy food</li> <li>Sleep</li> <li>Keeping clean</li> <li>Safety</li> </ul>	<ul style="list-style-type: none"> <li>Family life</li> <li>Friendships</li> <li>Breaking friendships</li> <li>Falling out</li> <li>Dealing with bullying</li> <li>Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>Bodies</li> <li>Respecting my body</li> <li>Growing up</li> <li>Growth and change</li> <li>Fun and fears</li> <li>Celebrations</li> </ul>
Year 1	<ul style="list-style-type: none"> <li>Feeling special and safe</li> <li>Being part of a class</li> <li>Rights and responsibilities</li> <li>Rewards and feeling proud</li> <li>Consequences</li> <li>Owning the Learning Charter</li> </ul>	<ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Understanding bullying and knowing how to deal with it</li> <li>Making new friends</li> <li>Celebrating the differences in everyone</li> </ul>	<ul style="list-style-type: none"> <li>Setting goals/identifying successes and achievements</li> <li>Learning styles</li> <li>Working well and celebrating achievement with a partner</li> <li>Tackling new challenges</li> <li>Identifying and overcoming obstacles</li> <li>Feelings of success</li> <li>Milo's Money - 'What is money?' (spending)</li> </ul>	<ul style="list-style-type: none"> <li>Keeping myself healthy and healthier lifestyle choices</li> <li>Keeping clean</li> <li>Being safe</li> <li>Medicine</li> <li>safety/safety with household items</li> <li>Road safety</li> <li>Linking health and happiness</li> <li>Milo's Money – 'Wants and Needs – Saving'</li> </ul>	<ul style="list-style-type: none"> <li>Belonging to a family</li> <li>Physical contact preferences</li> <li>People who help us</li> <li>Qualities as a friend and person</li> <li>Self-acknowledgement</li> <li>Being a good friend to myself</li> <li>Celebrating special relationships</li> <li>Milo's Money – Investing</li> </ul>	<ul style="list-style-type: none"> <li>Milo's Money - Sharing</li> <li>Life cycles – animal and human</li> <li>Changes in me/changes since being a baby</li> <li>Differences between female and male bodies (correct terminology)</li> <li>Linking growing and learning</li> <li>Coping with change</li> <li>Transition</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>Hopes and fears for the year</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>Safe and fair learning environment</li> <li>Valuing contributions</li> <li>Choices</li> <li>Recognising feelings</li> </ul>	<ul style="list-style-type: none"> <li>Assumptions and stereotypes about gender</li> <li>Understanding bullying</li> <li>Standing up for self and others</li> <li>Making new friends</li> <li>Gender diversity</li> <li>Celebrating difference and remaining friends</li> </ul>	<ul style="list-style-type: none"> <li>Achieving realistic goals</li> <li>Perseverance</li> <li>Learning strengths</li> <li>Learning with others and group co-operation</li> <li>Contributing to and sharing success</li> <li>Milo's Money recap: What is money? Saving Investing Sharing</li> </ul>	<ul style="list-style-type: none"> <li>Motivation</li> <li>Healthier choices</li> <li>Relaxation</li> <li>Healthier snacks and sharing food</li> <li>Milo's Money – Being generous</li> </ul>	<ul style="list-style-type: none"> <li>Different types of family</li> <li>Physical contact boundaries</li> <li>Friendship and conflict</li> <li>Secrets</li> <li>Trust and appreciation</li> <li>Milo's Money – Making choices 1</li> </ul>	<ul style="list-style-type: none"> <li>Milo's Money – Making choices 2</li> <li>Life cycles in nature</li> <li>Growing from young to old</li> <li>Differences in female and male bodies (correct terminology)</li> <li>Assertiveness</li> <li>Preparing for transition</li> </ul>

Year 3	<ul style="list-style-type: none"> <li>▪ Setting personal goals</li> <li>▪ Self-identity and worth</li> <li>▪ Positivity in challenges</li> <li>▪ Rules, rights and responsibilities</li> <li>▪ Rewards and consequences</li> <li>▪ Responsible choices</li> <li>▪ Seeing things from others' perspectives</li> </ul>	<ul style="list-style-type: none"> <li>▪ Families and their differences</li> <li>▪ Family conflict and how to manage it (child-centred)</li> <li>▪ Witnessing bullying and how to solve it</li> <li>▪ Recognising how words can be hurtful</li> <li>▪ Giving and receiving compliments</li> <li>▪ 5 Big Questions: Where does our money come from? Earning money1 &amp; 2</li> </ul>	<ul style="list-style-type: none"> <li>▪ Difficult challenges and achieving success</li> <li>▪ Dreams and ambitions</li> <li>▪ New challenges</li> <li>▪ Motivation and enthusiasm</li> <li>▪ Recognising and trying to overcome obstacles</li> <li>▪ Evaluating learning processes</li> <li>▪ Managing feelings</li> <li>▪ Simple budgeting</li> <li>▪ These lesson focus on planning a garden and budgeting for equipment and decorative items</li> </ul>	<ul style="list-style-type: none"> <li>▪ Exercise</li> <li>▪ Fitness challenges</li> <li>▪ Food labelling and healthy swaps</li> <li>▪ Attitudes towards drugs</li> <li>▪ Keeping safe and why it's important online and off line scenarios</li> <li>▪ Respect for myself and others</li> <li>▪ Healthy and safe choices</li> </ul>	<ul style="list-style-type: none"> <li>▪ Family roles and responsibilities</li> <li>▪ Friendship and negotiation</li> <li>▪ Keeping safe online and who to go to for help</li> <li>▪ Being a global citizen</li> <li>▪ Being aware of how my choices affect others</li> <li>▪ Awareness of how other children have different lives</li> <li>▪ Expressing appreciation for family and friends</li> </ul>	<ul style="list-style-type: none"> <li>▪ 5 Big Questions: What can we do with our money? Decisions about spending and saving</li> <li>▪ How babies grow</li> <li>▪ Understanding a baby's needs</li> <li>▪ Family stereotypes</li> <li>▪ Challenging my ideas</li> <li>▪ Preparing for transition</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>▪ Being part of a class team</li> <li>▪ Being a school citizen</li> <li>▪ Rights, responsibilities and democracy (school council) &amp; having a voice</li> <li>▪ Rewards and consequences</li> <li>▪ Group decision-making</li> <li>▪ What motivates behaviour</li> <li>▪ 5 Big Questions: Where does our money come from? Earning money – links between work and money</li> </ul>	<ul style="list-style-type: none"> <li>▪ Challenging assumptions and judging by appearance</li> <li>▪ Accepting self and others</li> <li>▪ Understanding influences</li> <li>▪ Understanding bullying</li> <li>▪ Problem-solving</li> <li>▪ Identifying how special and unique everyone is</li> <li>▪ First impressions</li> <li>▪ 5 Big Questions: How does money make us feel? Choices about spending and saving</li> </ul>	<ul style="list-style-type: none"> <li>▪ Hopes and dreams and creating new, realistic dreams</li> <li>▪ Overcoming disappointment</li> <li>▪ Achieving goals</li> <li>▪ Working in a group</li> <li>▪ Celebrating contributions</li> <li>▪ Resilience</li> <li>▪ Positive attitudes</li> <li>▪ 5 Big Questions: What can we use our money for?</li> </ul>	<ul style="list-style-type: none"> <li>▪ Healthier friendships</li> <li>▪ Group dynamics</li> <li>▪ Smoking and alcohol</li> <li>▪ Assertiveness</li> <li>▪ Peer pressure</li> <li>▪ Celebrating inner strength</li> <li>▪ 5 Big Questions: How does our money help other people? Role of charities/helping others</li> </ul>	<ul style="list-style-type: none"> <li>▪ Jealousy</li> <li>▪ Love and loss/Memories of loved ones</li> <li>▪ Getting on and Falling Out</li> <li>▪ Girlfriends and boyfriends</li> <li>▪ Showing appreciation to people and animal</li> <li>▪ 5 Big Questions: How can we look after our money? Using accounts to keep money safe and to save</li> </ul>	<ul style="list-style-type: none"> <li>▪ Being unique</li> <li>▪ Girls and puberty</li> <li>▪ Confidence in change</li> <li>▪ Accepting change</li> <li>▪ Preparing for transition</li> <li>▪ Environmental change</li> </ul>

Year 5	<ul style="list-style-type: none"> <li>▪ Planning the forthcoming year</li> <li>▪ Being a citizen</li> <li>▪ Rights and responsibilities</li> <li>▪ Rewards and consequences</li> <li>▪ How behaviour affects groups</li> <li>▪ Democracy, having a voice, participating</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cultural differences and how they can cause conflict</li> <li>▪ Racism</li> <li>▪ Rumours and name-calling</li> <li>▪ Types of bullying</li> <li>▪ Material wealth and happiness</li> <li>▪ Enjoying and respecting other cultures</li> </ul>	<ul style="list-style-type: none"> <li>▪ Future dreams</li> <li>▪ Jobs and careers Dream job and how to get there</li> <li>▪ Goals in different cultures</li> <li>▪ Supporting others (charity)</li> <li>▪ Motivation</li> <li>▪ 5 Big Questions: How does money make us feel? Simple financial records and budgets</li> </ul>	<ul style="list-style-type: none"> <li>▪ Smoking, including vaping</li> <li>▪ Alcohol</li> <li>▪ Alcohol and anti-social behaviour</li> <li>▪ Emergency aid</li> <li>▪ Body image</li> <li>▪ Relationships with food/healthy choices</li> <li>▪ Motivation and behaviour</li> <li>▪ 5 Big Questions- how does money make us feel? Influences on spending and saving</li> </ul>	<ul style="list-style-type: none"> <li>▪ Self-recognition and self-worth</li> <li>▪ Building self-esteem</li> <li>▪ Safer online communities/rights and responsibilities online</li> <li>▪ Online gaming and gambling</li> <li>▪ Reducing screen time</li> <li>▪ Dangers of online grooming</li> <li>▪ SMARRT internet safety rules</li> <li>▪ 5 Big Questions: How does our money help other people? Wider communities</li> </ul>	<ul style="list-style-type: none"> <li>▪ 5 Big Questions: How can we look after our money? Saving and borrowing Self- and body image</li> <li>▪ Influence of online and media on body image</li> <li>▪ Puberty for girls</li> <li>▪ Puberty for boys</li> <li>▪ Conception (including IVF)</li> <li>▪ Growing responsibility</li> <li>▪ Coping with change/Preparing for transition</li> </ul>
Year 6	<ul style="list-style-type: none"> <li>▪ Identifying goals for the year</li> <li>▪ Global citizenship/Children's universal rights</li> <li>▪ Feeling welcome and valued</li> <li>▪ Choices, consequences and rewards</li> <li>▪ Democracy, having a voice</li> <li>▪ Anti-social behaviour</li> <li>▪ 5 Big Questions: Where does our money come from?</li> <li>-Where do adults get their money?</li> <li>-Why do we work?</li> </ul>	<ul style="list-style-type: none"> <li>▪ Perceptions of normality</li> <li>▪ Understanding disability</li> <li>▪ Inclusion/exclusion</li> <li>▪ Differences as conflict, difference as celebration</li> <li>▪ Empathy</li> <li>▪ 5 Big Questions: How does our money help other people?</li> <li>-Using our spending power to help others.</li> <li>-What are taxes and why do we have to pay them?</li> </ul>	<ul style="list-style-type: none"> <li>▪ Personal learning goals, in and out of school</li> <li>▪ Success criteria</li> <li>▪ Emotions in success</li> <li>▪ Making a difference in the world</li> <li>▪ Motivation</li> <li>▪ Recognising achievements/compliments</li> <li>▪ 5 Big Questions: What can we use our money for?</li> <li>-Needs and Wants.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Taking personal responsibility</li> <li>▪ How substances affect the body</li> <li>▪ Exploitation, including 'county lines' and gang culture</li> <li>▪ 5 Big Questions: What can we use our money for?</li> <li>-How much do I have to spend?</li> <li>-If we can't afford to buy things</li> </ul>	<ul style="list-style-type: none"> <li>▪ Mental health/identifying mental health worries and sources of support</li> <li>▪ Love and loss</li> <li>▪ Managing feelings</li> <li>▪ Power and control</li> <li>▪ Assertiveness</li> <li>▪ 5 Big Questions: How can we look after our money? Benefits, risks, interest</li> </ul>	<ul style="list-style-type: none"> <li>▪ Self-image Body image</li> <li>▪ Puberty and feelings</li> <li>▪ Conception to birth</li> <li>▪ Reflections about change</li> <li>▪ Physical attraction</li> <li>▪ Respect and consent</li> <li>▪ Boyfriends/girlfriends</li> <li>▪ Sexting</li> <li>▪ Transition</li> </ul>