

HELP YOUR CHILD WITH FEARS AND WORRIES

PARENTING GROUP

MEET AND LEARN
FROM OTHER
PARENTS

UNDERSTAND WHAT
MAINTAINS YOUR
CHILD'S ANXIETY

DEVELOP
STRATEGIES TO
SUPPORT YOUR
CHILD'S ANXIETY

LEARN A
PARENT-LED
INTERVENTION

WORK TOWARDS A
GOAL WITH YOUR
CHILD



Workshop will run from 9-10am on Tuesdays.
Start date to be confirmed.
If you are interested, please see Mrs Lamb.