



# FAMILY LEARNING

WITH LIFE EDUCATION CENTRE NOTTINGHAMSHIRE

## TALKING TOUGH TOPICS

All mums, dads, grandparents and carers are welcome!

### KEEPING CHILDREN AND YOUNG PEOPLE SAFE

This workshop explores what your children need to develop the skills to make wise choices and keep themselves safe in this fast-changing society - how to work with them to cope with situations such as online grooming, bullying, knife crime, County Lines, drugs, gambling and more.

2 HOUR WORKSHOP

(adults only)

Start Date: 7.12.22

Time: 9am

School: Rise Park



Understanding feelings and managing emotions.

Keeping lines of communication open at all times enables us as parents to support our children through the teenage years to come.

Good listening skills.

Building self-esteem.

Facts about drugs (legal and illegal), knife crime, gangs, County Lines, online bullying, gambling, online grooming and more.

How to be assertive and resist peer pressure.

If you would like to come and join **Talking Tough Topics**, please return this completed slip to your child's class teacher:

Please provide us with your email so we can send you course information.

Child's Name:	
Child's Class:	
Parent / Carer Name:	
Telephone:	
Email:	

Funded by:

Do you need a creche in place :  
(If yes, please give child's name)

N/A



Education & Skills  
Funding Agency



Nottinghamshire  
County Council

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