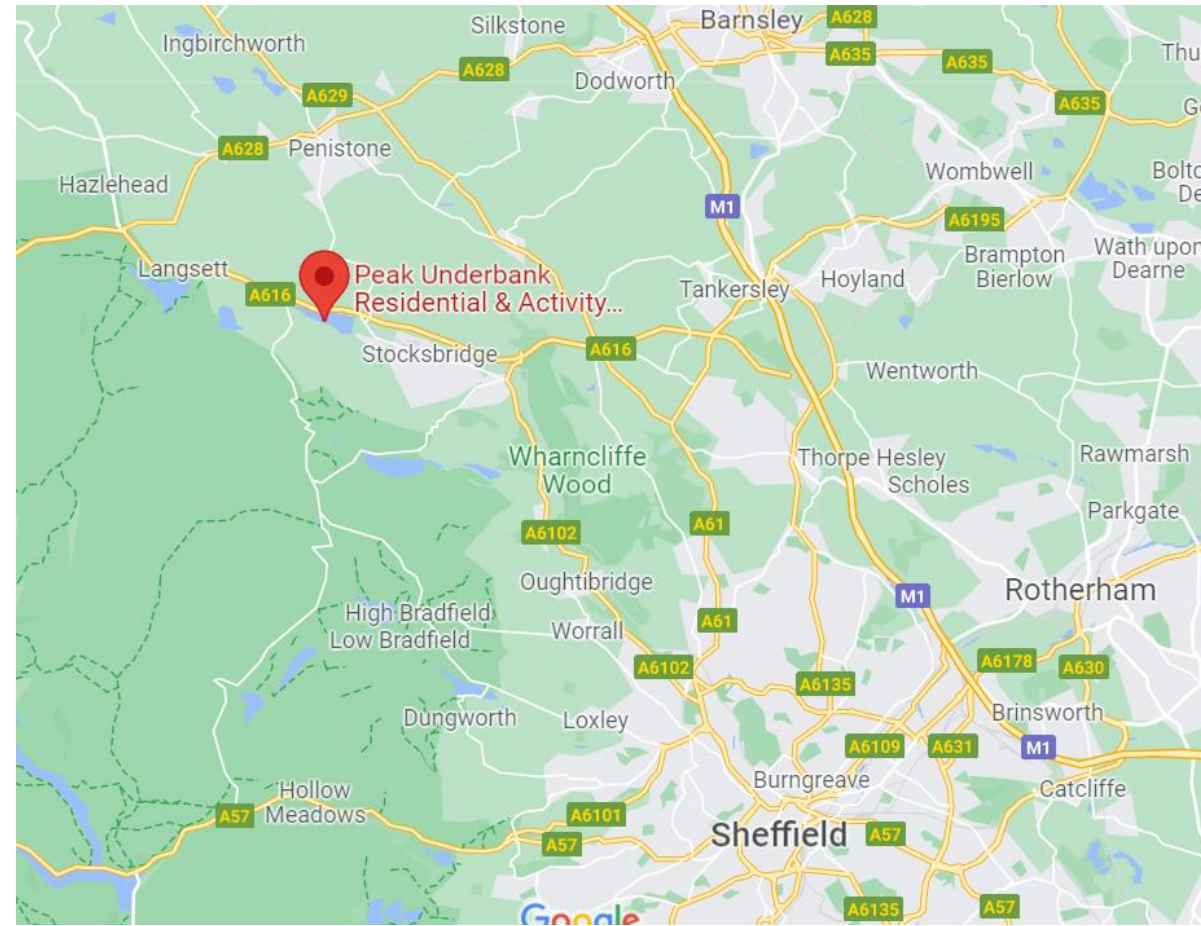
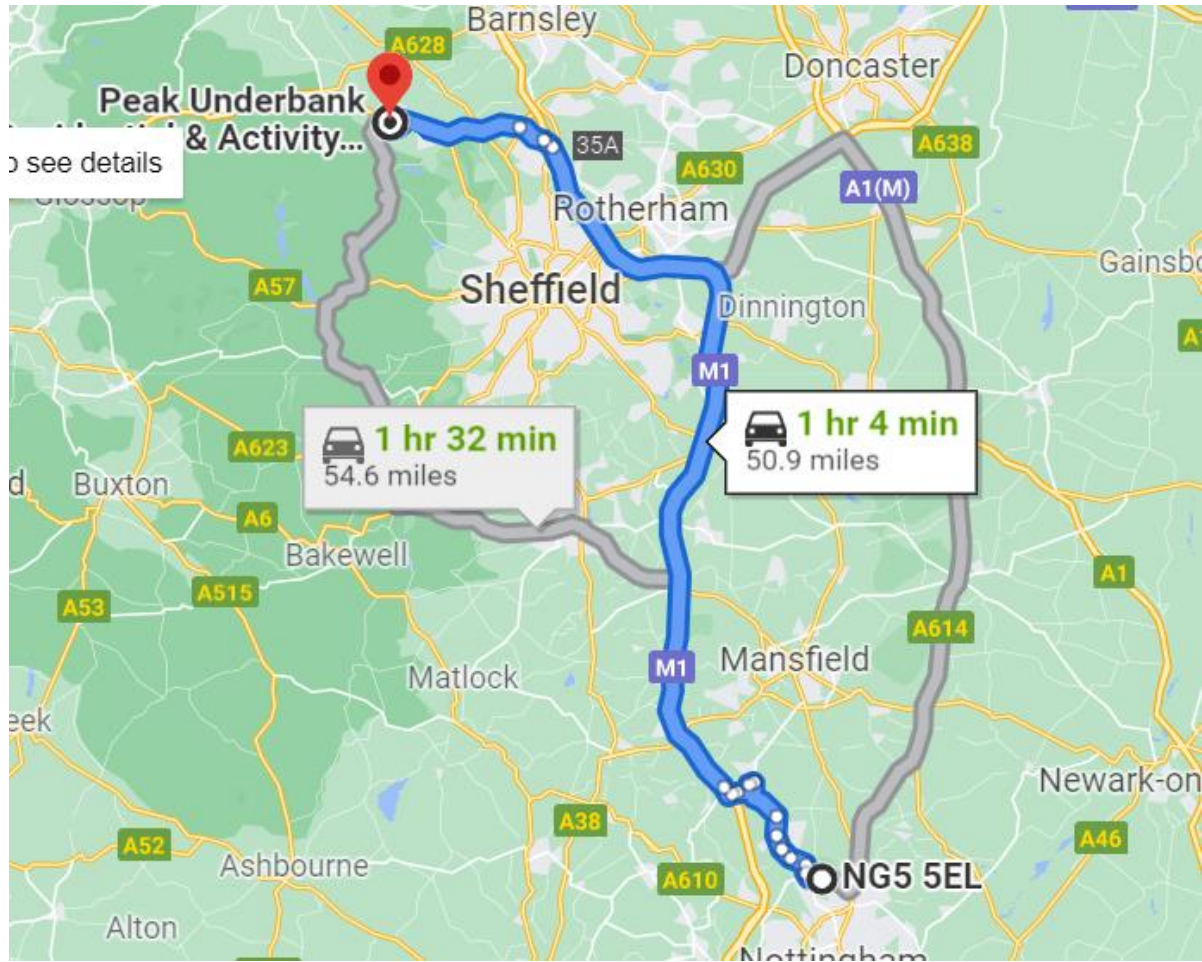


# Underbank Activity Centre

Peak District 17<sup>th</sup> – 19<sup>th</sup> May

# Where is it?



# Example days

- **Day 1**

- 10:00-10:30 – Arrive, brief of stay
- 10:30-13:00 – Session 1
- 13:00-14:00 – Lunch (not provided)
- 14:00-16:30 – Session 2
- 16:30-17:30 – Shower, change & free time
- 17:30-18:30 – Evening meal provided
- 18:30-20:30 – Session 3 (this activity session would normally be night walk or camp fire activities)
- 20:30 – Free time/sleep

## **Day 2**

- 08:00-09:00 – Shower change
- 09:00-10:00 – Breakfast provided
- 10:30-13:00 – Session 1
- 13:00-14:00 – Lunch (Provided)
- 14:00-16:30 – Session 2
- 16:30-17:30 – Shower, change & free time
- 17:30-18:30 – Evening meal provided
- 18:30-20:30 – Session 3 (this activity session would normally be night walk or camp fire activities)
- 20:30 – Free time/sleep

## **Day 3**

- 08:00-09:00 – Shower change
- 09:00-10:00 – Breakfast provided
- 10:00-12:30 – Session 1
- 12:30 - Clean up camp and depart – lunch provided

# Where will my child sleep?

- Tents sleep up to 8 children.
- Teachers will decide who sleeps in which tent.
- Adults will sleep in a separate tent in the same location and be on hand all night.
- There is a staff member from the centre on site all night.



# Possible activities we will be taking part in

- Canoeing
- Stand-up paddle boarding
- Leap of faith
- Archery
- Bushcraft
- Survival skills
- Shelter building
- Fire lighting
- Evening campfire and activities
- Night walk
- Climbing tower
- Archery
- Orienteering
- Challenge orienteering
- Team Building Challenges



# Leap of faith





# Archery





# Bushcraft





# Orienteering walk





# Stand-up paddleboarding





# Rafted canoeing





# Climbing tower





# Kit list

- old trainers
- trainers/walking boots
- wellies (if wet)
- jogging bottoms/leggings – no jeans!
- T-shirts and jumpers – extra layers!
- water shoes
- underwear with spares
- socks with spares
- waterproof coat
- hat and sun cream
- towels
- black bin liner for wet clothes
- water bottle



- pyjamas
- torch
- book
- shower things
- toothbrush and toothpaste
- medication – with a form to be passed to an adult
- hayfever wipes, drops etc.
- swimwear
  
- No mobile phones are allowed!

# Behaviour

- The residential is an end of year 6 reward for all of their hard work this year.
- Attending the residential is subject to children's behaviour.



# Payment

- £150 per child - £15 deposit by 2<sup>nd</sup> December
- Please ensure that you are paid up fully before the date of the trip.
- Payments can be made in small amounts or all at once.
- There will be a consent form to fill out online closer to the date of the trip. This must be filled in for children to take part in the activities.