

Family cooking sessions.



Do you have a fussy eater at home? Can't encourage them to try new healthier foods? Come and join us at our family cooking sessions.

When children join in with the cooking, they often are more willing to try the food they have created and you can have lots of fun too!

Come and join us for some free family cooking sessions! We will be making some healthy foods for your family to take home and enjoy together.



If you are interested in attending family cooking please speak to Mrs Lamb or email at: admin@risepark.nottingham.sch.uk

Spaces are limited!

Please advise us if you have any dietary requirements.

Sessions will start on Monday February 28th 2022 at 3:20-4:30 and will last for 5 weeks. Each week we will make a delicious healthy dish.