About your child's school meals

Catering, the largest school meals provider in Nottingham City. Your child's school meals are provided by Eat Culture - Nottingham

Healthy eating

school day. Meat and Vegetarian meal, cooked from scratch, which options are available daily. will fill them up for the rest of the are eating a healthy nutritious meal, you can rest assured they When your child has a school

and allergens Dietary requirements

(with up to date medical letter). children with dietary requirements Bespoke menus are available for

Did you know?

- We can provide your child with a packed lunch rather than a school meal
- Meals are free for children in reception and Key Stage 1

Our food

accreditation means that: Our Food for Life Silver serve to Nottingham children. We are proud of the food we

- Food is sourced locally
- Meat is Red Tractor assured and produced locally meaning it's traceable, safe
- Fish is certified by the Marine Stewardship Council
- We use quality ingredients from reliable sources
- We offer healthy, nutritious in fat, sugar and salt. balanced meals which are low
- We use Organic potatoes, and eggs on our menus

Our menus

seasonal fruit and vegetables change twice per year to reflect three choices per day. They week cycle and provide up to Our menus operate on a three

Information about our Catering service

website www.eatculture.co.uk/parents Nottingham Catering at eatculture@nottinghamcity.gov.uk or via our Please get in touch with Eat Culture















Week: 1 Date: 16th Nov, 7th Dec, 11th Jan, 1st Feb

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.

For Allergen information please ask a member of the catering team.



Rise Park

Monday

Spaghetti Bolognese served with Wholemeal Baguette Chunk, carrots or Green Beans

Veggie cottage Pie served with Carrots or Green Beans

VCheese Sandwich served with Salad

Iced Shortcake with Custard

Fresh Fruit Salad

Tuesday

Cheese & Tomato
Pizza served with
Sweetcorn or Mixed
Salad

Jacket Potato with Tuna Mayo or Cheese and Mixed Salad

> Chinese Chicken Wrap served with Salad

Chocolate Brownie

Fresh Fruit Salad

Wednesday

Roast Pork & Stuffing,
Gravy served with
Organic Roast Potato
& Vegetable Medley

V Quorn Roast & Gravy served with Organic Roast Potato & Vegetable Medley

Tuna Baguette served with Salad

Mandarin Cheesecake

Fresh Fruit Salad

Thursday

Chicken Pie served with Mashed Potatoes and Broccoli or Sweetcorn

Quorn with Tomato & Basil Pasta with Freshly Baked Baguette Chunk and Broccoli or Salad

Ham Panini served with Salad

Cookie Milk

Fresh Fruit Salad

Friday Meat Free

MSC Salmon Fish Finger served with Oven Chips and Peas



Carrot & Cheese
Burger served with
Oven Chips with
Baked Beans or Peas

V Jacket Potato served with Baked Beans and Mixed Salad

Flapjack with Fruit Wedge

Fresh Fruit Salad



Main









Week: 2

Date: 2nd Nov, 23rd Nov, 14th Dec,

18th Jan. 8th Feb

Main

Dessert

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ = Vegetarian

> For Allergen information please ask a member of the catering team.





Local Pork Sausages served with Mashed Potatoes, Baked Beans or Carrots

Veggie Sausage served with Mashed Potatoes, Baked Beans or Carrots

Jacket Potato with Baked Beans and Salad

> Jelly & Fruit Milk

Fresh Fruit Salad

Tuesday

V Cheese & Tomato Pizza served with Homemade Coleslaw or Salad

Jacket Potato with Tuna and Salad

Pasta with Tomato & Basil Sauce served with Wholemeal Baquette slice & Salad

Chocolate & Orange Muffin

Fresh Fruit Salad

Wednesday

Rise Park

Roast Turkey, Stuffing With Gravy served with Organic Roast Potatoes and Vegetable Medley

Quorn Roast served with Organic Roast Potatoes, Gravv and Vegetable Medley

Cheese Panini served with Salad Bar

Lemon Drizzle Cake Custard

Fresh Fruit Salad

Thursday

Beef Burger in a Bun and Sweetcorn or Peas

V Tomato & Basil Pasta served with Baguette Chunk and Salad

Ham Baquette served with Salad Bar

Yoghurt

Fresh Fruit Salad

Friday

MSC Fish served with Oven Chips Mushy Peas or Carrots



Vegaie Mince Roll served with Oven Chips Peas or Carrots

Cheese Sandwich served with Salad Bar

Strawberry Cream Sponge

Fresh Fruit Salad







Week: 3
Date: 9th Nov, 30th Nov, 4th Jan, 25th Jan

For Allergen information please ask a member of the catering team.



Rise Park

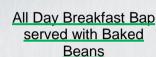
Monday

Tuesday

Wednesday

Thursday

Friday Meat Free



Cheese & Tomato
Pizza
served with Sweetcorn
& Mixed Salad

Roast Beef served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley Cottage Pie served with Gravy, Carrots or Broccoli MSC Fish Fingers served with Oven Chips, Peas/Mushy Peas



V All Day Veggie
Breakfast Bap served
with Baked Beans

Tomato & Basil
Pasta served with
Freshly Baked
Baguette Chunk &
Sweetcorn or Salad Bar

V Quorn Roast served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley Vegetable Pasty served with Mashed Potatoes Carrots or Broccoli

Cheese Turnover (Snack) served with Chips and Peas or Salad

Jacket Potato with
Beans served with
Mixed Salad

Ham Sandwich served with Salad

Cheese Baquette or Ham
Baquette served with
Salad

Jacket Potato with Tuna Mayo served with Salad Bar V Pasta with Tomato & Basil Sauce served with Baguette Chunk and Salad

Chocolate Orange Marble Cake Custard

Butterscotch Tart

Ice Cream & Fruit

Vanilla Cup Cake Milk

Oaty Cookie Fruit Wedges

Fresh Fruit Salad

Dessert

Main



