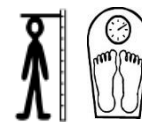


15 January 2020

Dear Parent/Carer



## Height and weight checks for children in Reception classes and Year 6 in Nottingham

Every year the height and weight of Reception and Year 6 children in schools in England is measured. This is called the National Child Measurement Programme (NCMP). It is important to know how children are growing so that we can provide the best support.

Trained health staff from Nottingham Citycare Partnership carry out the measurements. Children are measured in a private space away from other children and will be fully clothed only taking off their shoes and coats. Your child's measurements will be added to their health record. Teachers, other children or other parents will not see the information.

The measurements from the children in the school and across Nottingham will be kept safely. This information is used to make sure we have the right services in place to support children and families with eating and moving for good health.

The information is also shared with the government to check weight and height across the country, but your child **cannot** be identified from this information.

If your child is a healthy weight, we **will not** contact you.

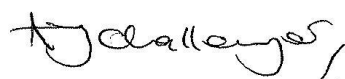
If your child is not a healthy weight, we will send you a letter containing information to support your family's efforts with eating and moving for good health. We may also phone you to offer additional support.

Children will not be made to take part on the day if they do not want to.

If you are happy for your child to be measured, you do not need to do anything. If you do not want your child to be measured, please tell your school as soon as possible.

Thank you for your support with this important programme.

Yours sincerely



**Alison Challenger**  
Director of Public Health  
Nottingham City Council



**Catherine Underwood**  
Director for People  
Nottingham City Council

## Further information

If you would like to speak to someone about your child's weight please contact Nottingham Citycare Partnership on 0300 131 0300 and press option 5. This will put you through to your local 0-19 Community Public Health Nursing Team.

Further information about the National Child Measurement Programme can be found at:

<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your children stay healthy can be found at the following websites:

<https://www.nhs.uk/change4life>

<https://www.nhs.uk/change4life/your-childs-weight/home>

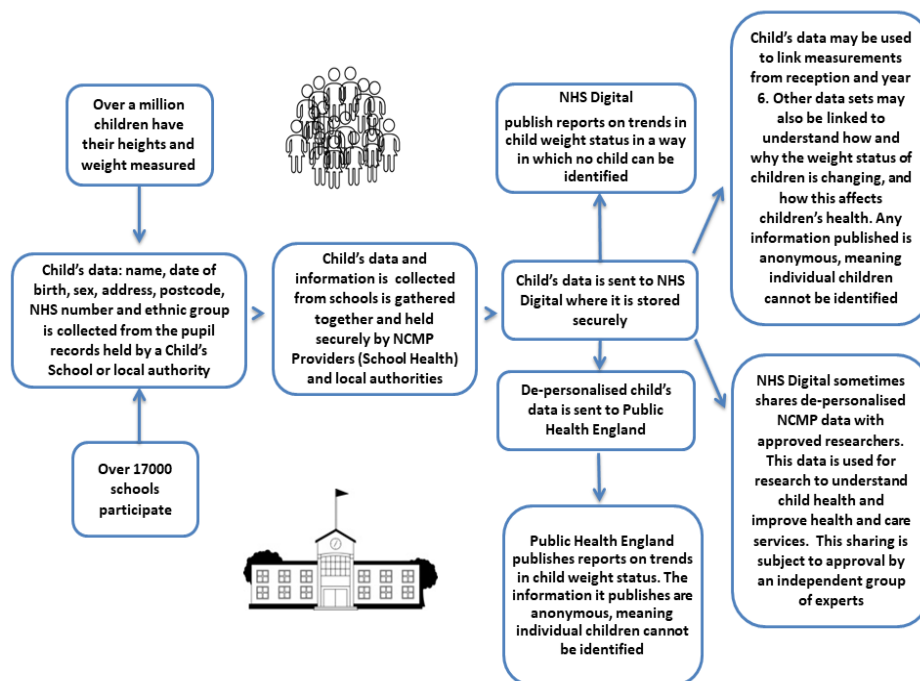
### Information we collect and what it is used for

- Your child's age, gender, and date of birth are used to calculate your child's weight category.
- Your child's name, date of birth and NHS Number are used to link your child's measurements from reception to year 6. Other data may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health.
- Your child's ethnicity and address are used to help us understand some of the reasons for the difference and changes in child weight across England.
- Your address is required to send you your child's feedback letter. This will include your child's measurements together with information about healthy eating, being active and related activities available in your area. We will **not** contact you if your child is a healthy weight.
- Your email address and telephone number are required as we may contact you by telephone to discuss your child's feedback and offer you further support following your child's height and weight measurement.

### How your child's data is collected and processed as part of the National Child Measurement Programme (NCMP)

Local authorities have a legal duty to collect the NCMP data. They do this by following guidance from Public Health England. Local authorities are responsible for making decisions on how the data is collected and for ensuring that it is protected. Local NCMP service providers are contracted to carry this out. This might be through the school nursing team working in schools or through a local healthcare provider. The team collecting the data enter it into the NCMP IT system, which is provided by NHS Digital. The data may also be entered into a local child health information system. Your local authority is responsible for sending the data to NHS Digital. NHS Digital and Public Health England are jointly responsible for the data held at a national level. Your local authority is responsible for the data held locally.

## How the data is used



The information collected from all schools in the City will be gathered together and held securely by Nottingham City Council. We will store your child's information, as part of their local child health record, on the NHS Child Health Information Database and share it with their GP. The information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.

The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.

Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child. NHS Digital may also share de-personalised information from the National Child Measurement Programme with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information **cannot** be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

Information about how NHS Digital and Public Health England collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>.

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme with can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>.