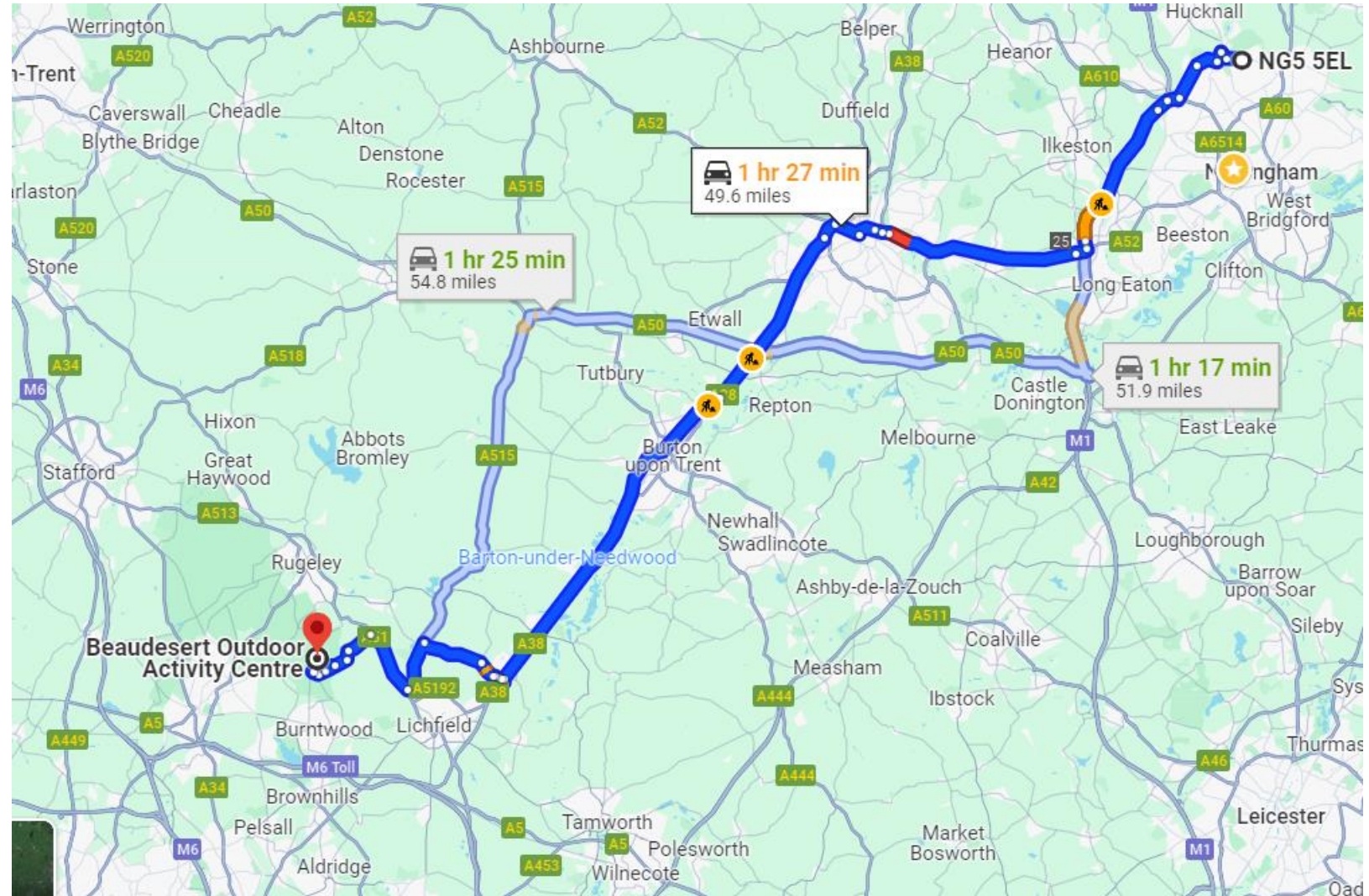


Beaudesert Activity Centre

Staffordshire 4th – 6th June

Where is it?



Example days

Day 1

- Own packed lunch on arrival around midday
- 2 activities in the afternoon
- Catered evening meal
- Evening entertainment and hot chocolate
- Sleep for next day

Day 2

- Catered breakfast
- 2 activities in the morning
- Catered lunch
- 2 activities in the afternoon
- Catered evening meal
- Evening entertainment and hot chocolate
- Sleep for next day

Day 3

- Catered breakfast
- 2 morning activities
- Catered lunch
- Ready to leave site

Where will my child sleep?

- 2 blocks of dormitories – boys and girls
- Bunks in beds of 2 or 3.
- Teachers will decide who sleeps in each room.
- Adults will sleep in separate rooms – males and females next to the boys' and girls' dormitories.
- Access to the toilet from the room.
- Fire exit in each room.
- There is a staff member from the centre on site all night.
- Children will need to bring a sleeping bag and pillow



Canteen

- Children will eat together as a year group.
- All of the food is separate, so they can choose what they want.
- Dietary requirements will all be catered for.



Example menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast						
Warmed American style pancake with soft fruit and golden syrup Vegan pancake with soft fruit and golden syrup (VE) Gluten free breakfast pancake with soft fruit and golden syrup (GF)	Bacon rashers in a soft bite roll Meat free sausage in a soft roll (V) (VE) in a soft roll Bacon in a gluten free roll (GF) Halal chicken sausage in a soft bite roll	Warmed American style pancake with soft fruit and golden syrup Vegan pancake with soft fruit and golden syrup (VE) Gluten free breakfast pancake with soft fruit and golden syrup (GF)	British pork sausages with baked beans Meat free sausage (V) and baked beans Gluten free sausage with baked beans	Baked beans on toast, scrambled egg Vegan baked beans on toast (VE) Baked beans on gluten free toast (GF)	Bacon rashers in a soft bite roll Meat free sausage in a soft roll (V) (VE) in a soft roll Bacon in a gluten free roll (GF) Halal chicken sausage in a soft bite roll	Warmed American style pancake with soft fruit and golden syrup Vegan pancake with soft fruit and golden syrup (VE) Gluten free breakfast pancake with soft fruit and golden syrup (GF)
A choice of cereal, toast with jam or marmalade, chef's choice of pastry, yoghurt and fruit						
Lunch						
Cheese (V) or Ham or Tuna Mayo on a crusty baguette Cup of homemade soup Muffin	Pizza slice (V) Selection of toppings Cornflake / Rice crispie cake	A folded naan pocket filled with crisp salad, garlic & herb chicken or BBQ chicken chunks Choice of sauce Cake of the day	Beef burger in a bun Plant based burger (V) (VE) Rocky Road slice	Wrap filled with golden chicken chunks Vegan nuggets (V)(VE) in a wrap with a choice of sauces Gluten free nuggets in a wrap Slice of sponge cake topped with icing & sprinkles	Chef's choice of savoury pastry Crispy potato cubes Cornflake / Rice crispie cake	Jumbo Sausage hot dog with onions Selection of sauces Vegan sausage with onions Camp doughnut
The following lunch choices are bookable at breakfast: <u>Daily Faves</u> Soup of the day with a roll – jacket potato with cheese or beans –beans on toast – pasta of the day						

Possible activities we will be taking part in

- Monkey trees
- Kayaking
- Abseiling
- Climbing wall
- Coracling
- Jacob's ladder
- Zip wire
- Crate stack
- Archery
- Axe throwing



Kit list

- sleeping bag and pillow
- packed lunch
- old trainers
- trainers/walking boots
- jogging bottoms/leggings – no jeans!
- T-shirts and jumpers – extra layers!
- water shoes
- underwear with spares
- socks with spares
- waterproof coat
- hat and sun cream
- towels
- black bin liner for wet clothes
- water bottle

- pyjamas
 - torch
 - book
 - shower things
 - toothbrush and toothpaste
 - medication – with a form to be passed to an adult
 - hayfever wipes, drops etc.
 - swimwear
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- No mobile phones are allowed!



Behaviour

- The residential is an end of year 6 reward for all of their hard work this year.
- Attending the residential is subject to children's behaviour.

Payment

- The cost of the trip will be £194.20 in total. This can be paid in instalments or altogether.
- Please ensure that you are paid up fully before the date of the trip.
- Payments can be made in small amounts or all at once.