

Our family cooking sessions were very popular last year so we are going to hold them again!

When children join in with the cooking, they often are more willing to try the food they have created and you can have lots of fun too!

Come and join us for some free family cooking sessions! We will be making some healthy foods for your family to take home and enjoy together.



If you are interested in attending family cooking please speak to Mrs Lamb or email at:

admin@risepark.nottingham.sch.uk

Spaces are limited!

Please advise us if you have any dietary requirements.

Sessions will start on Monday 22nd
April 2024 at 3:20-4:30 and will last
for 4 weeks. (22nd April, 29th April, 13th
May and 20th May) Each week we will
make a delicious healthy dish.