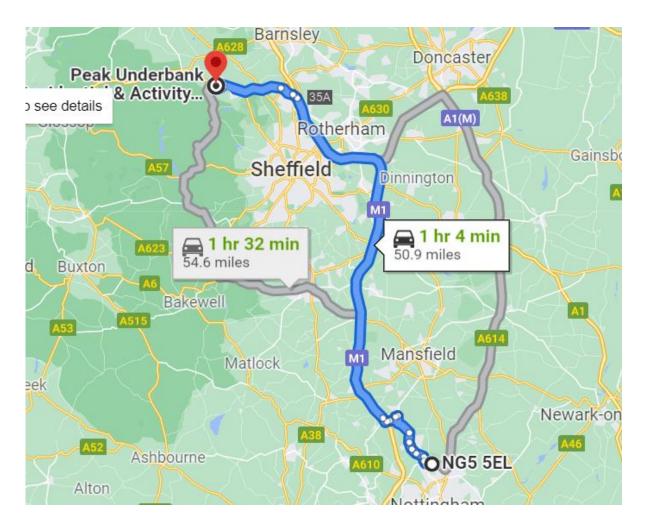
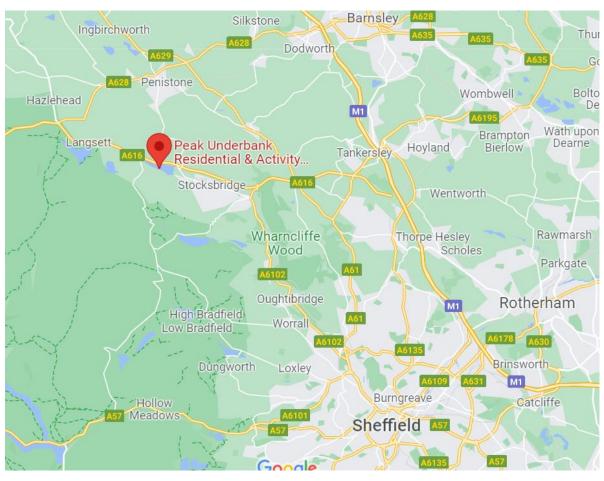
# Underbank Activity Centre

Peak District 15<sup>th</sup> – 17<sup>th</sup> June

### Where is it?





# Example days

- Day 1
- 10:00-10:30 Arrive, brief of stay
- 10:30-13:00 Session 1
- 13:00-14:00 Lunch (not provided)
- 14:00-16:30 Session 2
- 16:30-17:30 Shower, change & free time
- 17:30-18:30 Evening meal provided
- 18:30-20:30 Session 3 (this activity session would normally be night walk or camp fire activities)
- 20:30 Free time/sleep

#### Day 2

08:00-09:00 - Shower change

09:00-10:00 - Breakfast provided

10:30-13:00 - Session 1

13:00-14:00 – Lunch (Provided)

14:00-16:30 - Session 2

16:30-17:30 – Shower, change & free time

17:30-18:30 – Evening meal provided

18:30-20:30 — Session 3 (this activity session would

normally be night walk or camp fire activities)

20:30 – Free time/sleep

#### Day 3

08:00-09:00 - Shower change

09:00-10:00 – Breakfast provided

10:00-12:30 - Session 1

12:30 - Clean up camp and depart — lunch provided

# Where will my child sleep?

- Tents sleep up to 8 children.
- Teachers will decide who sleeps in which tent.
- Adults will sleep in a separate tent in the same location and be on hand all night.
- There is a staff member from the centre on site all night.





# Possible activities we will be taking part in

#### Kayaking

- Canoeing
- •Zip line
- Leap of faith
- Bushcraft
- Survival skills
- Shelter building
- Fire lighting
- Evening campfire and activities
- Night walk
- Climbing tower
- Archery
- Orienteering
- Challenge orienteering (with added team building challenges as you progress around the course)
- Team Building Challenges
- Rocket launching

https://www.peak.co.uk/school-and-youth-groups/activities-for-schools-and-youth-groups

#### Kit list

- old trainers
- trainers/walking boots
- wellies
- jogging bottoms/leggings no jeans!
- T-shirts and jumpers
- underwear with spares
- socks with spares
- waterproof coat
- hat and sun cream
- towels
- black bin liner for wet clothes
- water bottle

- pyjamas
- torch
- book
- shower things
- toothbrush and toothpaste
- medication with a yellow form to be passed to an adult
- swimwear

NO mobile phones are allowed!

### Behaviour

- The residential is an end of year 6 reward for all of their hard work this year.
- Attending the residential is subject to children's behaviour.

### Payment

- Please ensure that you are paid up fully before the date of the trip.
- Payments can be made in small amounts or all at once.