

Weekly Menu Detail

February 2022 Wk 3 Rise Park

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
<p>Cheese Flan* Contains Cereals containing Gluten Contains Eggs Contains Milk Contains Wheat</p> <p>Jacket Potato with Tuna Mayonnaise (60)* Contains Fish Contains Eggs</p> <p>Pasta with Tomato Mascarpone Sauce* Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Sides</p> <p>Coleslaw * Contains Eggs</p> <p>New Potatoes *</p>	<p>Pasta with Tomato & Basil sauce * Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Cheese & Tomato Pizza (frozen base) 6* Contains Cereals containing Gluten May Contains Eggs Contains Milk Contains Wheat</p> <p>Cheese & tomato pizza brown base 12* Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Cheese & Tomato Pizza (bap Mix)*</p>	<p>Sage & Onion Stuffing sub Contains Cereals containing Gluten Contains Wheat</p> <p>Jacket Potato with Cheese* Contains Milk</p> <p>Quorn Roast & Gravy* Contains Eggs Contains Milk</p> <p>Roast Chicken Fresh & Stuffing* Contains Cereals containing Gluten Contains Wheat</p> <p>Sides</p> <p>Sweetcorn*</p> <p>Roast Potatoes Org*</p> <p>Vegetable Medley*</p>	<p>Dairylea Cheese Sandwich* Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Dairylea Cheese Sandwich* 50/50 Contains Cereals containing Gluten Contains Soybean Contains Milk</p> <p>Cumberland Veg Sausage GF, Df, EF* Contains Soybean Contains added Sulphur dioxide and/ or sulphites at a level >10mg/kg</p> <p>Sausages Thin Maloney* Contains Cereals containing Gluten Contains added Sulphur dioxide</p>	<p>Jacket Potato with Beans & Cheese (60)* Contains Milk</p> <p>Fish Fingers* Contains Cereals containing Gluten Contains Fish Contains Wheat</p> <p>Vegan burger* Contains Cereals containing Gluten Contains Wheat</p> <p>Sides</p> <p>Baked Beans*</p> <p>Oven chips*</p> <p>Dessert</p> <p>Victoria Sponge with Jam & Cream Contains Cereals containing Gluten Contains Eggs Contains Milk</p>

Mixed Salad*

Baguette Chunks*

Contains Cereals containing
Gluten
May Contains Milk
Contains Wheat
May Contains Barley
May Contains Oats

Carrots*

[Dessert](#)

Fresh Fruit Salad*

Jelly & Fruit *

Contains Cereals containing
Gluten
Contains Soybean
May Contains Eggs
Contains Milk
Contains Wheat

Tuna Jalousie (slice)*

Contains Cereals containing
Gluten
Contains Fish
Contains Milk
Contains Wheat

[Sides](#)

Baguette Chunks*

Contains Cereals containing
Gluten
May Contains Milk
Contains Wheat
May Contains Barley
May Contains Oats

Boiled potatoes*

Sweetcorn*

Mixed Salad*

[Dessert](#)

Oaty Cookie Apricot*

Contains Cereals containing

[Dessert](#)

Butterscotch Tart*

Contains Cereals containing
Gluten
Contains Cereals containing
Gluten
May Contains Tree Nuts
Contains Milk
Contains Wheat

Fresh custard*

Contains Milk

and/ or sulphites at a level
>10mg/kg

Contains Wheat

[Sides](#)

Carrot & Cucumber Stick*

Mashed Potatoes*

Contains Milk

Gravy*

Fresh Broccoli*

[Dessert](#)

Chocolate Brownie (cocoa)*

Contains Cereals containing
Gluten
Contains Eggs
Contains Wheat

Milk*

Contains Milk

Fresh Fruit Salad*

Fresh custard*

Contains Milk

Contains Wheat

Fresh Fruit Salad*

Gluten
Contains Milk
Contains added Sulphur dioxide
and/ or sulphites at a level
>10mg/kg
Contains Wheat
May Contains Barley
Contains Oats

Fresh Fruit Salad*