

# Weekly Menu Detail

February 2022 Wk 2 Rise Park

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<b>Vegetable Chick Pea Curry</b>	<b>BBQ Chicken fillet* Fresh</b>	<b>Yorkshire Pudding*</b>	<b>Pasta with Tomato</b>	<b>Cheese &amp; Tomato Panini *</b>
	Contains Cereals containing	Contains Cereals containing	<b>Mascarpone Sauce*</b>	Contains Cereals containing Gluten
<b>Pasta with Tomato &amp; Basil</b>	Gluten	Gluten	Contains Cereals containing	Contains Milk
<b>sauce *</b>	Contains Soybean	Contains Eggs	Gluten	Contains Wheat
Contains Cereals containing	Contains Celery /Celeriac	Contains Milk	Contains Milk	May Contains Barley
Gluten	Contains Wheat	Contains Wheat	Contains Wheat	May Contains Oats
Contains Milk	Contains Barley			
Contains Wheat	<b>Jacket Potato with Tuna</b>	<b>Quorn Roast &amp; Gravy*</b>	<b>Veggie mince Chilli GF*</b>	<b>Fish in Tempura Batter*</b>
	<b>Mayonnaise (60)*</b>	Contains Eggs	Contains Soybean	Contains Cereals containing Gluten
<b>Cheese Sub Roll 1/3 Brown*</b>	Contains Fish	Contains Milk	Contains Celery /Celeriac	Contains Fish
Contains Cereals containing	Contains Eggs			Contains Soybean
Gluten		<b>Roast Beef * (Sliced) &amp;</b>	<b>Jacket Potato with Beans* &amp;</b>	Contains Wheat
Contains Milk	<b>Cheese &amp; Tomato Pizza</b>	<b>Yorkshire Pudding Gravy</b>	<b>bacon</b>	<b>Veggie balls in Tomato Sauce *</b>
Contains Wheat	<b>(frozen base) 6*</b>	Contains Cereals containing	<b>Sides</b>	Contains Soybean
Contains Oats	Contains Cereals containing	Gluten		<b>Sides</b>
	Gluten	Contains Eggs	<b>Baguette Chunks*</b>	
<b>Cheese Sub Roll 1/2 White*</b>	May Contains Eggs	Contains Milk	Contains Cereals containing	<b>Mixed Salad*</b>
Contains Cereals containing	Contains Milk	Contains Wheat	Gluten	
Gluten	Contains Wheat	<b>Gravy*</b>	May Contains Milk	<b>Tomato ketchup</b>
Contains Milk			Contains Wheat	
Contains Wheat	<b>Cheese &amp; tomato pizza brown</b>	<b>Ham Sandwich*</b>	May Contains Barley	<b>Carrots*</b>
<b>Sides</b>	<b>base 12*</b>	Contains Cereals containing	May Contains Oats	
	Contains Cereals containing	Gluten	<b>Baked Beans*</b>	<b>Peas*</b>
<b>Flatbread*</b>				

Contains Cereals containing Gluten Contains Milk Contains Wheat	Gluten Contains Milk Contains Wheat <a href="#">Sides</a>	Contains Wheat <a href="#">Sides</a>	<b>Jacket Potato half*</b>	<b>Oven chips*</b>
<b>White Rice*</b>	<b>Mixed Salad*</b>	<b>Roast Potatoes Org*</b>	<b>Sweetcorn*</b> <a href="#">Dessert</a>	<b>Mushy Peas*</b> <a href="#">Dessert</a>
<b>Baguette Chunks*</b> Contains Cereals containing Gluten May Contains Milk Contains Wheat May Contains Barley May Contains Oats	<b>White Rice*</b>  <b>Coleslaw *</b> Contains Eggs <a href="#">Dessert</a>	<b>Vegetable Medley*</b>  <b>Mixed Salad*</b> <a href="#">Dessert</a>	<b>Fresh Fruit Salad*</b>  <b>Cornflake Tart*</b> Contains Cereals containing Gluten Contains Wheat	<b>Chocolate Crunchies*</b>  <b>Milk*</b> Contains Milk  <b>Fresh Fruit Salad*</b>
<b>Peas*</b>	<b>Fresh Fruit Salad*</b>	<b>Shortbread Cookie*</b> Contains Cereals containing Gluten Contains Wheat	<b>Fresh custard*</b> Contains Milk	
<b>Carrot &amp; Cucumber Stick*</b> <a href="#">Dessert</a>	<b>Butterscotch Tart*</b> Contains Cereals containing Gluten Contains Cereals containing Gluten May Contains Tree Nuts Contains Milk Contains Wheat	<b>Milk*</b> Contains Milk		
<b>Angel Delight &amp; Fruit*</b> Contains Milk				
<b>Fresh Fruit Salad*</b>	<b>Fresh custard*</b> Contains Milk			
	<b>Chocolate Muffin Vegan*</b> Contains Cereals containing Gluten Contains added Sulphur dioxide and/ or sulphites at a level			

>10mg/kg  
Contains Wheat  
Contains Oats