

# Weekly Menu Detail

February 2022 Wk 1 Rise Park

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<p><b>Cheese Sub Roll 1/3 Brown*</b>            Contains Cereals containing Gluten            Contains Milk            Contains Wheat            Contains Oats</p> <p><b>Cheese Sub Roll 1/2 White*</b>            Contains Cereals containing Gluten            Contains Milk            Contains Wheat</p> <p><b>Spaghetti Bolognaise veggemince*</b>            Contains Cereals containing Gluten            Contains Soybean            Contains Wheat</p> <p><b>Sausages Thin Maloney*</b>            Contains Cereals containing Gluten            Contains added Sulphur dioxide</p>	<p><b>Cajun Chicken*</b>            Contains Cereals containing Gluten            Contains Soybean            Contains Celery /Celeriac            Contains Wheat</p> <p><b>Jacket Potato with Tuna Mayonnaise (60)*</b>            Contains Fish            Contains Eggs</p> <p><b>Cheese &amp; Tomato Pizza (frozen base) 6*</b>            Contains Cereals containing Gluten            May Contains Eggs            Contains Milk            Contains Wheat</p> <p><b>Cheese &amp; tomato pizza brown base 12*</b>            Contains Cereals containing Gluten</p>	<p><b>Sage &amp; Onion Stuffing</b>            Contains Cereals containing Gluten            Contains Wheat</p> <p><b>Cheese &amp; Tomato Panini *</b>            Contains Cereals containing Gluten            Contains Milk            Contains Wheat            May Contains Barley            May Contains Oats</p> <p><b>Quorn Roast &amp; Gravy*</b>            Contains Eggs            Contains Milk</p> <p><b>Roast Pork, Gravy &amp; Stuffing (Primary) sliced*</b>            Contains Cereals containing Gluten            Contains Wheat  <a href="#">Sides</a></p>	<p><b>Veggie Lasagne*</b>            Contains Cereals containing Gluten            Contains Celery /Celeriac            Contains Milk            Contains Mustard            Contains Wheat</p> <p><b>Ham Sandwich*</b>            Contains Cereals containing Gluten            Contains Wheat</p> <p><b>Chicken curry Punjabi *</b>            Contains added Sulphur dioxide and/ or sulphites at a level &gt;10mg/kg  <a href="#">Sides</a></p> <p><b>Baguette Chunks*</b>            Contains Cereals containing Gluten            May Contains Milk            Contains Wheat</p>	<p><b>Salmon Fish Finger*</b>            Contains Cereals containing Gluten            Contains Fish            Contains Wheat</p> <p><b>Jacket Potato with Beans &amp; Cheese (60)*</b>            Contains Milk</p> <p><b>Cheese Snack*</b>            Contains Cereals containing Gluten            Contains Milk            Contains Wheat  <a href="#">Sides</a></p> <p><b>Baked Beans*</b></p> <p><b>Oven chips*</b>  <a href="#">Dessert</a></p> <p><b>Fresh Fruit Salad*</b></p> <p><b>Fresh custard*</b>            Contains Milk</p>

and/ or sulphites at a level  
>10mg/kg

Contains Wheat

[Sides](#)

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**Baguette Chunks\***

Contains Cereals containing

Gluten

May Contains Milk

Contains Wheat

May Contains Barley

May Contains Oats

**Carrots\***

**Mashed Potatoes\***

Contains Milk

**Gravy\***

**Carrot & Cucumber Stick\***

[Dessert](#)

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**Birds ice cream & 1/2 portion**

**F.F.Salad**

Contains Milk

**Fresh Fruit Salad\***

Contains Milk

Contains Wheat

**Cheese & Tomato Pizza (bap**

**Mix)\***

Contains Cereals containing

Gluten

Contains Soybean

May Contains Eggs

Contains Milk

Contains Wheat

[Sides](#)

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**New Potatoes \***

**Fresh Broccoli\***

**Sweetcorn\***

**Mixed Salad\***

[Dessert](#)

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**Lemon Drizzle Cake\***

Contains Cereals containing

Gluten

Contains Eggs

Contains Milk

Contains Wheat

**Fresh Fruit Salad\***

**Roast Potatoes Org\***

**Vegetable Medley\***

**Mixed Salad\***

[Dessert](#)

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**Milk\***

Contains Milk

**Shortbread Cookie\***

Contains Cereals containing

Gluten

Contains Wheat

May Contains Barley

May Contains Oats

**Flatbread\***

Contains Cereals containing

Gluten

Contains Milk

Contains Wheat

**Carrot & Cucumber Stick\***

**Fresh Broccoli\***

**White Rice\***

[Dessert](#)

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**Fresh Fruit Salad\***

**Fruit Flapjack\***

Contains Cereals containing

Gluten

May Contains Wheat

May Contains Barley

Contains Oats

**Chocolate sponge\***

Contains Cereals containing Gluten

Contains Eggs

Contains Wheat