


Week: 1  
 Date: 21<sup>st</sup> February, 14<sup>th</sup> March, 19<sup>th</sup> April,  
 9<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

## Rise Park KS1



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Sausage & Mash with Gravy and Carrots


Cajun Chicken with New Potatoes & Broccoli


Roast Pork & Stuffing, Gravy served with Organic Roast Potato & Vegetable Medley


Chicken Curry with Rice, Flatbread and Broccoli


MSC Salmon Fish Fingers served with Oven Chips and Baked Beans




 Veggie Spaghetti Bolognese with Baguette Chunk and Carrots

 Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn

 Quorn Roast, Stuffing & Gravy served with Organic Roast Potato & Vegetable Medley

 Vegetable Lasagne with Baguette Chunk and Broccoli

 Cheese Snack served with Oven Chips and Baked Beans

Main

Ice Cream & Fruit

Lemon drizzle Cake

Shortbread Cookie with Milk

Fruit Flapjack

Chocolate Sponge & Custard

Dessert

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org)'






Week: 2  
 Date: 28<sup>th</sup> February, 21<sup>st</sup> March, 25<sup>th</sup> April,  
 16<sup>th</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 25<sup>th</sup> July



## Rise Park KS1

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



	Monday	Tuesday	Wednesday	Thursday	Friday
--	--------	---------	-----------	----------	--------

Main


Beef Lasagne with Baguette chunk and Peas


BBQ Chicken served with Rice and Salad


Roast Beef served with Gravy, Yorkshire Pudding and Organic Roast Potatoes & Vegetable Medley

Jacket Potato with Bacon served with Baked Beans


MSC Fish served with Oven Chips Mushy Peas or Carrots

 Tomato & Basil Pasta served with Baguette Chunk and Peas

 Cheese & Tomato Pizza served with Homemade Coleslaw and Sweetcorn

 Quorn Roast, Yorkshire Pudding With Gravy served with Organic Roast Potatoes and Vegetable Medley

 Veggie Chilli on Jacket Potato with Sweetcorn

 Veggie Meatballs with Tomato Sauce, Oven Chips and Peas

Dessert

Angel Delight & Fruit

Chocolate Muffin & Fruit

Shortbread with Milk

Cornflake Tart & Custard

Chocolate Crunchies & Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org)'





Week: 3  
 Date: 7<sup>th</sup> March, 28<sup>th</sup> March, 2<sup>nd</sup> May,  
 23<sup>rd</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July

## Rise Park KS1

For Allergen information please ask a member of the catering team.



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main**


Cheese Flan served with New Potatoes and Mixed Salad or Coleslaw

Tuna Pastry Parcel served with Boiled Potatoes and Sweetcorn


Roast Chicken served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley


Sausage & Mash served with Gravy and Broccoli

MSC Fish Fingers served with Oven Chips and Baked Beans

 Tomato & Mascarpone Pasta with Baguette Chunk and Mixed Salad


 Cheese & Tomato Pizza served with Sweetcorn & Mixed Salad

 Quorn Roast served with Gravy, Stuffing and Organic Roast Potatoes & Vegetable Medley

 Cumberland Vegan Sausage served with Gravy and Mash and Broccoli

 Vegan Mini Burger with Oven Chips and Baked Beans

**Dessert**

 Jelly & Fruit

Oaty Cookie (apricot)

Butterscotch Tart & Custard

Chocolate Brownie & Custard

Victoria Sponge (with Jam + Cream)

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org)'

