

*Virtual Support  
Group via Zoom*

**Tu Vida**



# Parent Carer Support Group

Thursday 27 January 2022  
7.00pm-8.00pm

Thursday 17 February 2022  
10.30am—11.30am

Thursday 24 March 2022  
7.00pm—8.00pm

**Come and join us for information & advice on**

- SEND support at school & college
  - Transition to adulthood
  - Support with mental health
    - Exclusions
    - EHC plans
- Parent Carer Support Groups

To register as a parent carer or to book on please contact:

**Nottinghamshire Carers Hub @ Tuvida**  
0115 824 8824 / [nottinghamshirehub@tuvida.org](mailto:nottinghamshirehub@tuvida.org)

