

Weekly Menu Detail

September 2021 Wk 2 Rise Park

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
<p>Pasta with Tomato Mascarpone Sauce* Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Cheese Sub Roll 1/3 Brown* Contains Cereals containing Gluten Contains Milk Contains Wheat Contains Oats</p> <p>Cheese Sub Roll 1/2 White* Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Sausages Thin Maloney* Contains Cereals containing Gluten Contains added Sulphur dioxide</p>	<p>BBQ Chicken fillet* Fresh Contains Cereals containing Gluten Contains Soybean Contains Celery /Celeriac Contains Wheat Contains Barley</p> <p>Jacket Potato with Tuna Mayonnaise (60)* Contains Fish Contains Eggs</p> <p>Cheese & Tomato Pizza (frozen base) 6* Contains Cereals containing Gluten May Contains Eggs Contains Milk Contains Wheat</p> <p>Cheese & tomato pizza brown base 12* Contains Cereals containing</p>	<p>Yorkshire Pudding* Contains Cereals containing Gluten Contains Eggs Contains Milk Contains Wheat</p> <p>Quorn Roast & Gravy* Contains Eggs Contains Milk</p> <p>Roast Beef * (Sliced) & Yorkshire Pudding Gravy Contains Cereals containing Gluten Contains Eggs Contains Milk Contains Wheat</p> <p>Gravy*</p> <p>Ham Sandwich* Contains Cereals containing Gluten</p>	<p>Veggie mince Chilli GF* Contains Soybean Contains Celery /Celeriac</p> <p>Jacket Potato with Beans* & bacon</p> <p>Cheese & Tomato Panini * Contains Cereals containing Gluten Contains Milk Contains Wheat May Contains Barley May Contains Oats</p> <p>Sides</p> <p>Baked Beans*</p> <p>Jacket Potato half*</p> <p>Sweetcorn*</p> <p>Dessert</p> <p>Fresh custard*</p>	<p>Pasta with Tomato & Basil sauce (Quorn) * Contains Cereals containing Gluten Contains Eggs Contains Wheat</p> <p>Pasta with Tomato & Basil sauce * Contains Cereals containing Gluten Contains Milk Contains Wheat</p> <p>Fish in Tempura Batter* Contains Cereals containing Gluten Contains Fish Contains Soybean Contains Wheat</p> <p>Veggie balls in Tomato Sauce * Contains Soybean</p> <p>Sides</p> <p>Tomato ketchup</p>

and/ or sulphites at a level
>10mg/kg

Contains Wheat

[Sides](#)

Baguette Chunks*

Contains Cereals containing

Gluten

Contains Milk

Contains Wheat

May Contains Barley

May Contains Oats

Peas*

Gravy*

Carrot & Cucumber Stick*

Mashed Potatoes*

Contains Milk

[Dessert](#)

Fresh Fruit Salad*

Orange Muffin*

Contains Cereals containing

Gluten

Contains Eggs

Contains Wheat

Flapjack*

Gluten

Contains Milk

Contains Wheat

[Sides](#)

Mixed Salad*

White Rice*

Coleslaw *

Contains Eggs

[Dessert](#)

Angel Delight & Fruit*

Contains Milk

Fresh Fruit Salad*

Oaty Cookies*

Contains Cereals containing

Gluten

Contains Milk

Contains Wheat

Contains Oats

Contains Wheat

[Sides](#)

Roast Potatoes Org*

Vegetable Medley*

Mixed Salad*

[Dessert](#)

Shortbread Cookie*

Contains Cereals containing

Gluten

Contains Wheat

Milk*

Contains Milk

Apple Muffin

Contains Cereals containing

Gluten

Contains Eggs

Contains Milk

Contains Wheat

Contains Milk

Fresh Fruit Salad*

Sticky Toffee Pudding Primary

*

Contains Cereals containing

Gluten

Contains Eggs

Contains Milk

Contains Wheat

Chocolate Crunchies*

Iced Chocolate Shortbread*

Carrots*

Peas*

Oven chips*

Mushy Peas*

[Dessert](#)

Banana & Custard*

Contains Milk

Fresh Fruit Salad*

Contains Cereals containing Gluten

Contains Milk

Contains Wheat

Contains Cereals containing
Gluten
Contains Oats