SUPPORT FOR (HILDREN & YOUNG PEOPLE IS AVAILABLE THIS SUMMER

Holiday Hunger

No child or young person should go hungry. This summer Free School Meals vouchers have been made available to families through schools and Food Banks and Social Eating projects across the city are helping too. To see a full list of Food Banks and Social Eating projects visit **www.nottinghamcity.gov.uk/coronavirus-covid-19/food**. This website has an interactive map to show you where they are. If you don't have internet access you can contact the Families Information Service on FREE phone: **0800 458 4114** and they will help you to find the venues nearest to you. You will always have a warm welcome from the people who work in these venues – they are here to help.

If you need advice or guidance on accessing the Free School Meal vouchers please call the Education Department Enquiry Line on 0115 876 4700, Monday to Friday, 9am-4pm.

Families Information Service

The Families Information Service provides free information, advice and guidance about organisations and services for children, young people and their families, including: details of all Ofsted-registered childcare providers, children's centres, family support, educational support including special educational needs and other specialist services.

FREE phone: **0800 458 4114** / email: **fis@nottinghamcity.gov.uk**. Families Information Service is open Monday to Friday 8.30am-5pm.

Activity Sessions

This summer there will be a range of activity sessions providing FREE Fun and Food. Activity sessions provided by the Council, local community or voluntary groups are likely to provide a 'Grab Bag' of snacks to take away with you at the end of the activity session – details vary according to the session organisers, all sessions provide a warm welcome, entertaining activities and lots of fun. Activity sessions must be booked in advance. To find sessions, and see how to book, please visit: **www.asklion.co.uk/funandfood**

Worried about a child?

There are many services available to support children and families in Nottingham. Children & Families Direct is a 'one-stop shop' which means you can access all of the services using just one telephone number or email address.

Call: **0115 876 4800** / email: **candfdirect@nottinghamcity.gov.uk**. Our call handlers will answer your call and ensure that you are connected to the service you need. Children & Families Direct is open Monday to Friday, 8.30am-5pm.

Nottingham City Council

All of the services above can be found on the Ask Lion website www.asklion.co.uk