

## Curriculum PE-

This year the PE curriculum has been similar to previous years but in many ways different. The year began with Mr Gray continuing his 2 ½ days which has proved very effective. Each class has had the opportunity to work with Mr Gray over the year up until February. From February the school moved into a slightly different direction seeing the appointment of myself (Mr Bowles) as a full time Sports Specialist here in school. As part of the benefits for being full time in a school every class gets to spend an hour with me doing PE every single week. We have continued to push as much as we can to get a second hour of PE in every single week led by the class teachers. The curriculum has been delivered to high standards with emphasis being put into child independence and having responsibilities within lessons. These are shown through children being able to give feedback to one another and effectively work as part of a team or on their own. During PE lessons children have had great opportunities to apply the skills that they have learnt across the year in a variety of different activities. For some these were activities that may have been overlooked by some pupils but now are looking to find clubs out of school to continue their enjoyment and learning. This was seen through our summer term dance club for Year 4 and 5 pupils. Over the two terms we have seen 30 different children come and take part and have a go at dance and being creative. We pride ourselves here at Rise Park on the endless opportunities we offer for our children to get involved in and as a target for next year we would like to see if we can reach 60% of our pupils taking part in one of our sports clubs.

## Intra School Competition-

Intra School competitions have been frequently used within the children's curriculum PE lessons. Children have had the opportunity to compete against one another in matches, tournaments and even one on ones within their PE lessons. This has given them a great confidence boost and has also given them a great opportunity to take on board winning and losing. These opportunities will be further enhanced going into next year as we try to incorporate some intra school competitions across year groups where the teams will have requirements from each year group in order to enter.

## Inter School Competition-

We have continued to provide as many opportunities for our pupils to represent the school outside in a sporting completion. This again has made a major contribution into the improved confidence of our pupils in school and their self-esteem. I feel there is no greater pride than representing your school against other school. For the first time this year we entered the Year 5 and 6 Forest Ladies Football Festival which gave some of our girls a great opportunity to go and play football against other school and spend some valuable time with the Forest Ladies First Team. On the back of this completion it sparked an idea for the girls that they wanted to start up a Girls Football Club across KS2 and after SATS we have set up the club seeing 22 girls taking part on a Tuesday after school. Looking into next year we are hoping as a school to be able to host a Family schools event here at Rise Park. This will give other schools the chance to come to us and take part in a variety of games and activities.

#### Afterschool Activity-

Once again this year we have had an amazing response to our afterschool provision. We have offered a variety of different activities for the children to get involved in across the school. Being appointed as a Sports Specialist has given us even greater opportunities for children to take part in different activities hosting them on 3 different nights in the week. We have seen a variety of activities take place from Multi skills to Football to Basketball. Even this year we have had the opportunity to take part in Karate lead by one of our Governors here at the school. The impact of this club has led to 5 of the 15 pupils who took part actually taking up Karate outside of school.

#### Lunch Time Activity-

At lunchtimes we have continued having a group of children working with myself. The impact of me having a group has allowed children to gain extra confidence and skills that they could then use in PE. The club has been focused on providing opportunities for children to learn fundamental movement skills, teamwork and respect towards others and themselves. Looking forward into next year we have taken on 11 new sports ambassadors from Year 4 who will be going into Year 5. Their main role within the school will be to go out and lead activities on the KS1 playground for the children to take part in.

#### Sports Leadership-

For next year we have introduced our new sports ambassadors whose role it will be to promote sport within the school. As well as having the responsibility to promote sport across the school they will have the opportunity to go out onto the KS1 playground and lead activities for KS1 children to take part in. The ambassadors will have the opportunity to receive some intense training to build up their knowledge and confidence to be able to take the lead when putting on activities for KS1 children. The current sports ambassadors have done a great job in promoting PE across the school as well as leading by example in their PE lessons also. This example stretches from remembering their PE kit every single week to helping other children during PE lessons with their understanding.

#### Assessing Impact-

Again this year we have had a big input on pupil assessment. This is important for us to record and keep so we can track pupil progress in PE throughout their time here at Rise Park. Assessments are based upon Emerging, Developing and Secure basis. Moving into next school year I would like to get the teachers more involved in the assessment process and will be looking to improve the way we assess PE at Rise Park, I will be looking to assess each individual not only on their physical ability but also based around pupils attitudes, values and pupils overall understanding of Physical Education.

### Raising the Profile-

In order to raise the profile of sport across the school this year we have taken a great emphasis on keeping our school website up to date with everything that has taken place from afterschool clubs to competitions outside of school. This allows parents to see what is going on in school and allows them to be involved. Also for every competition outside of school I will be writing a short report to go along with the images for the website. A school PE Board has also been designed and implemented showing the School internally what has been happening in and out of school when it comes to School Sport.

### Other-

This year we have been fortunate to have a Sports Specialist in school full time. This has allowed us to provide an array of different activities and opportunities. Also this year I have been fortunate to undertake a Fun Fit course. Fun Fit targets pupils who have coordination difficulties and some gaps in Motor Development. It is a fun and interactive club which the pupils who have taken part have really shown a great progression. The club has been run for 20 minutes in a morning three times a week. Looking to next year it will be running in conjunction with interventions that take place in a morning before school five times a week.