

PE Curriculum Map 2019-2020



	AUTUMN		SPRING		SUMMER	
EYFS	Gymnastics	ABC's	Teamwork Skills	Dance	Gross Motor Skills	Athletics
Year 1	Gymnastics	Dance World of Dance (cultural)	Teamwork Skills	Strike and Fielding Activities (Games Based – Not Sports)	Throwing and Catching Skills (Various Skills)	Athletics – Running and Jumping
Year 2	Gymnastics	Dance World of Dance (Cultural)	Teamwork Skills	OAA – Orienteering	Athletics – Running and Jumping	Net and Wall Games – Tennis, Badminton or Table Tennis
Year 3	Gymnastics	Throwing and Catching (static catching/ modified catching games)	Dance Line dancing	Health and fitness – Circuits, Aerobics, Zumba, Cross Country, Fitness Testing	Attacking and Defending Skills in Invasion Games – Football, Hockey, Netball, Basketball, Handball, Rugby, Dodgeball	Athletics
Year 4	Team work skills - Traditional	Gymnastics	Dance Haka	Net and Wall – Tennis, Badminton	Attacking and Defending Principles – Football, Hockey, Netball, Basketball, Handball, Rugby, Dodgeball	Athletics
Year 5	Throwing and Catching Sports – Netball, Basketball, Handball, Rounder's, Cricket, Rugby, Dodgeball	Gymnastics	Health and fitness Circuit training / fitness test	Dance	Athletics	Strike and Fielding - Rounders
Year 6	Gymnastics	OAA - Orienteering	Tag rugby	Competitive Games Prep – Dodgeball, Hula Hut, Danish Long Ball	Attacking and Defending Principles – Football, Hockey, Netball, Basketball, Handball, Rugby, Dodgeball	Striking and Fielding – Tri Golf